SO YOU WANT TO BE A LAWYER?

We're happy to help!
admission@dornsife.usc.edu

Coping with Stress

As a pre-law student, you will likely encounter situations that may be stressful. Here are some tips on how to manage stress:

1. **Prioritize**: Make a list of your tasks and responsibilities. Focus on completing the most important tasks first.
2. **Break it down**: Divide large tasks into smaller, more manageable steps. This can make them feel less overwhelming.
3. **Take breaks**: Schedule short breaks throughout your study sessions. This can help you maintain focus and avoid burnout.
4. **Practice self-care**: Engage in activities that help you relax and recharge. This might include exercise, meditation, or spending time with friends and family.
5. **Seek support**: Don’t hesitate to reach out to friends, family, or a professional counselor if you need additional support.

Creating Your Path

LAW-RELATED DORNSIFE MAJORS

Practical Politics (POSC 305)

- Focus: Political science, international relations, public policy
- Description: This major provides a comprehensive understanding of the political and economic contexts in which laws are made, as well as institutional policy formation.
- Benefits: Students develop a multitude of skills targeting, research, writing, and public speaking.

Philosophy of Law (PHIL 430)

- Focus: Philosophy, law
- Description: This course explores philosophical theories about the nature of law and the relationship between law and morality, and analysis of normative concepts central to law, such as responsibility, justice, and liberty.
- Benefits: Students gain insight into the conceptual foundations of law and develop critical thinking skills.

International Law (POSC 345)

- Focus: International relations, political science
- Description: This course offers an overview of the political and legal systems of primitive societies, including social control, ethics, law, and the primitive concept of punishment, and negligence.
- Benefits: Students learn about the development and application of international law.

Philosophy of Business (PHIL 440)

- Focus: Philosophy, economics, business
- Description: This course explores the philosophical underpinnings of business law and current legal issues. It exposes students to topics such as intellectual property and entertainment law, securities law, and non-profit organizations.
- Benefits: Students gain a deeper understanding of the ethical and moral implications of business decisions.

Law and Public Policy

- Focus: Law, economics, public policy
- Description: This minor provides students with practical knowledge of business law and current legal issues. It exposes students to topics such as intellectual property and entertainment law, securities law, and non-profit organizations.
- Benefits: Students gain a deeper understanding of the ethical and moral implications of business decisions.

Law-Related DORNSIFE MINORS

Business Law

- Focus: Business, law
- Description: This minor provides students with practical knowledge of business law and current legal issues. It exposes students to topics such as intellectual property and entertainment law, securities law, and non-profit organizations.
- Benefits: Students gain a deeper understanding of the ethical and moral implications of business decisions.

Forensics and Criminality

- Focus: Psychology, law
- Description: This minor explores the relationship between mental health, social psychology, and law. Students will also complete an internship that provides hands-on experience in a law-related setting.
- Benefits: Students develop skills in analytical thinking, research, and critical evaluation.

Human Rights

- Focus: History, law, human rights
- Description: This minor is designed for students interested in the field of human rights. Students can choose to take courses in the American system of criminal justice or to focus on human rights in the community.
- Benefits: Students gain an understanding of the legal framework that protects human rights and develop skills in advocacy and ethical decision-making.

LAW-RELATED DORNSIFE MINORS

Philosophy of Law (PHIL 430)

- Focus: Philosophy, law
- Description: This course explores philosophical theories about the nature of law and the relationship between law and morality, and analysis of normative concepts central to law, such as responsibility, justice, and liberty.
- Benefits: Students gain insight into the conceptual foundations of law and develop critical thinking skills.

SAMPLE LAW-RELATED COURSES

- International Law (POSC 345)
- Philosophy of Business (PHIL 440)
- Philosophy of Law (PHIL 430)
- Law and Public Policy
- Law, History, and Culture
- Economics

For a complete list of courses, please visit the Dornsife College website or contact the Office of Admission and Student Success.